



2009 Richland Electric Cooperative

From the Manager... Life changing experiences . . .

Can you point to one event in your life that changed it forever? Most of us can. Sometimes it's something great that has happened, sometimes it's something tragic. Unfortunately, for too many people it's something tragic.

Each day we all need to do everything possible to avoid a tragedy.

Electricity has been making the lives of ordinary people just a little bit easier every day, but it has also made some people's lives almost unbearable. For those who have come into contact with a power line or had someone they love contact a power line, the pain lingers on for years, perhaps forever.

I've seen firsthand the pain associated with contacting an electric power line, from grieving friends, family and relatives to people that are missing arms and legs or suffering from the burns associated with an electrical contact. It's so sad because these injuries and deaths could have been avoided.

At Richland Electric Cooperative there is NO higher priority than safety. Our employees undergo regular and frequent training and their protective equipment is routinely tested and checked to make sure

it will do what it should. Their lives depend on not only protective equipment but on their knowledge of safe working practices.

Our commitment to safety doesn't stop with our employees; it extends to everyone in our community. We provide community safety information, put warning signs in appropriate places and provide on-site demonstrations to school and community groups. We are continuously looking for new ways to get the message out to everyone—Electricity Can Be Dangerous!

Despite our continuous efforts, each year we learn of people that took risks that could very easily have killed them. Examples including cutting trees that fall into power lines, digging without having lines located- and even if they were located, digging right into them, using metal ladders than could tip over into a power line, and so many more that we can't name them all.

Our staff is highly trained and the things they see people do sends shivers down their spine. These are the people that know how to deal with electricity and do so every day, yet they wouldn't even consider some of the things that people with no training try to do.

CALENDAR *of events*

May

- 1-3 Richland Center Spring Citywide Rummage Sale
- 16 Richland Garden Club Perennial Plant Sale, Richland Community Center
- 23-24 Great Wine & Chocolate Trail, Weggy Winery
- 25 Memorial Day Parade-REC and Genuine offices closed

June

- 14 Annual Richland County Dairy Breakfast
- 19-21 Wisconsin High School Rodeo State Finals, Richland County Fairgrounds
- 20 June Dairy Days/Rodeo Parade, Richland Center

July

- 3 REC and Genuine offices closed
- 5 Richland Center Independence Day Celebration, Richland Center Krouskop Park
- 19 Richland Garden Tour, Richland Center
- 25 Churning Dirt Nationals Charity Truck/Tractor Pull, Richland Center Fairgrounds

August

- 14-15 Walk With GRACE, Richland Center Krouskop Park

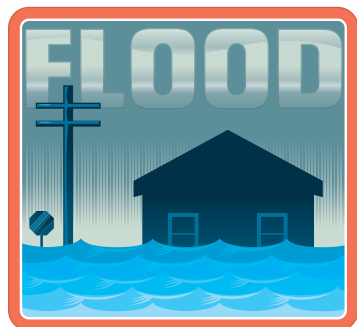
Project Recovery Offers Continued Support to Flood Survivors

News Release

March 10, 2009

Anyone present during the June floods can bear witness to the power of water. In many cases, the physical and emotional impact have persisted long after the waters have subsided. Frustration, disappointment, stress, and endless hours of cleanup and reconstruction can have a very detrimental effect on one's spirit.

Project Recovery is an outreach program that has been established in Wisconsin to address the emotional needs of flood survivors and the communities in which they reside. "Telling one's story is a powerful balm in the disaster recovery process," says Project Director, Keith Lang. "We believe that most flood survivors are quite capable of getting back on their feet. Experience tells us, however, that the burden is easier to bear when someone walks with us through difficult times."



If you are still experiencing stress, the following suggestions may help you cope with your feelings. Be patient with yourself as you continue to heal.

Surround yourself with supportive, comforting people.

Identify those friends and relatives who will allow you to be yourself and accept your feelings – both happy and sad.

Do what is right for you.

Friends and family often try to prescribe what is good for you. Focus on those activities that are comfortable for you.

Be tolerant of your physical and emotional limits.

Be kind to yourself. Feelings of stress and loss will leave you fatigued. Lower your expectations about being at your peak.

Eliminate unnecessary stress.

You may already feel stressed. Be sure to recognize the need to have special time for yourself.

Renew your resources for living.

Loss creates opportunities for taking inventory of your life – past, present and future. Take this time to recognize the positive things in life that surround you.

Talk about your grief.

It's okay to hurt and it's okay to cry. Find caring friends who will listen.

Express your faith.

After crisis, you may find a renewed sense of faith or discover a new set of beliefs.

Remember: H-A-L-T: don't get too Hungry, Angry, Lonely, or Tired. Eat right, get enough sleep, and share your thoughts and feeling with people around you. Learning how others are coping will help you feel less alone.

If you would like to talk to a trained outreach worker about your recent flood recovery experiences please feel free to contact Project Recovery at 1-866-422-3742 (Toll Free). All services are free, nondenominational, and completely confidential.

Project Recovery is made possible through partnerships between the Federal Emergency Management Agency, The WI Dept. of Health Services, Lutheran Social Services of WI & Upper MI Inc. and the Wisconsin Farm Center.

Media Inquiries: For more information or clarification, please contact Keith Lang, Project Recovery Director, at 608-834-4444.

(continued from cover...)

From the Manager... Life changing experiences . . .

We hear comments like "I do that all the time" or "...I knew that line was dead." Simply put, stay away from power lines whether they are in the air or underground or downed by a storm. You have absolutely no way of knowing if a power line is energized regardless of where it is, underground, in the air or on the ground. It could be hot one minute, not the next, and hot again a second later. Only our trained staff can tell.

As summer storm season approaches there will inevitably be power outages, and some may be long, but the speed of restoration will take a back seat to doing the job safely. We do our very best to make sure you have reliable power but not at the expense of safety. The management, staff and directors have made a commitment to safety. It is unwavering.

JUNE DAIRY BREAKFAST at Stormdale Farm

The 29th annual Richland County Dairy breakfast will be held Sunday, June 14th, 2009 at David & Beth Storms. The farm is located on Richland Electric Cooperative lines at 33650 State Hwy 80. There will be some parking at the farm, there will also be a shuttle service from an undetermined location in Muscoda. More information on the shuttle service will be available closer to the day of the event.

The breakfast runs from 7:00 am to 1:00 pm and the menu will include pancakes, sausage, cheese curds, cottage cheese, string cheese,

sliced cheese, yogurt, pudding cups, applesauce, ice cream and white and chocolate milk.

Events being planned include antique tractors and music all day. Anyone with any questions about the breakfast may call Annette Louis, Chairperson of the Richland County Dairy breakfast, at 608-585-3362.



Please avoid a life changing experience as the result of a power line or electricity in your home. Stay up to date on safety information; teach your kids, your friends and your family. Think about what you are doing and ask yourself if there is any danger of contacting anything

electrical and if there is, seek our help. There is never a charge or a fee for obtaining our help in preventing an electrical contact accident.

Please be safe and if you have comments or questions feel free to call me at the office or send me an email to sclark@mwt.net.

COOK'S CORNER

Crunchy Ice Cream Squares

Ingredients:

- 3 ½ cup, granola
- ¾ cup, chopped pecans or walnuts
- ¼ cup, chocolate or caramel ice cream topping
- 1 qt vanilla ice cream (brick packaging)

Instructions:

Mix crushed granola and nuts. Sprinkle half of mixture in an ungreased 9x9x2 square pan. Drizzle with topping. Cut ice cream into 1 inch slices; place on granola in pan. Let stand until slightly softened; spread evenly. Sprinkle with remaining granola mix, pressing lightly. Cover and freeze until firm, about 6 hours. Cut into squares. Drizzle with additional topping, if desired.

Star Spangled Celebration 2009

Richland Electric Cooperative is a proud sponsor of the Star Spangled Celebration. Each year, the REC line crew sets poles and hangs banners for the 3-day event. In addition, other employees maintain the Star Spangled website and many volunteer to serve food and beverages.

The REC line crew sets poles and hangs banners for the Star Spangled Celebration every year.

REC crew member David Darling installs a banner for the Star Spangled Celebration.

2009 Star Spangled Celebration Line-Up

Thursday, June 25th, 2009

As with all festivals of this nature, artists, times and dates are subject to change.

4:00 pm	Gates Open
5:15 pm	Jason Michael Carroll
7:15 pm	Kellie Pickler
9:00 pm	Kenny Rogers

Friday, June 26th, 2009

2:30 pm	Gates Open
3:00 pm	Eli Young Band
4:45 pm	Jake Owen
6:30 pm	Jack Ingram
8:00 pm	Rodney Atkins
10:00 pm	Blake Shelton

Saturday, June 27th, 2009

11:30 am	Gates Open
1:15 pm	Timothy Craig
2:45 pm	Chuck Wicks
4:30 pm	Ashton Shepherd
6:00 pm	James Otto
7:45 pm	Joe Diffie
9:30 pm	Gretchen Wilson

Dance Doctors in the Budweiser Beer Garden all Weekend



2009
Richland Electric Cooperative

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www.richec.com

Office Hours

Monday-Friday; 8 a.m.-5 p.m.

Outages

Call (608) 647-3173; 24 Hours

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Cooperative**

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